



LAP SWIM ETIQUETTE

When the weather warms up, we see more swimmers at the pool. Here are some tips for when you are sharing lanes.

- Several swimmers (as many as 8 or more) can fit in a single lane if proper etiquette is observed and swimmers of like speed are together.
- All swimmers must share lanes and are expected to circle swim.
- Be respectful of other who are sharing the lane with you.
- Choose a correct lane for your swimming speed.
- Be sure to notify swimmer(s) when you are entering a lane. This is done by sitting at or on the edge of the pool, waving a kickboard under water or standing in the water in the corner of the lane.
- When passing, wait and pass at the wall. Gently tap the foot of the swimmer ahead of you indicating you wish to pass. Do not attempt to swim around a slower swimmer as this may cause collisions with swimmers coming in the opposite direction.
- A lead swimmer, who feels a touch on the feet from an overtaking swimmer, should continue to the next wall, then stop in the corner of the lane to let the faster swimmer(s) pass.
- When resting on the wall, please move to the outward corners of the lane to allow other swimmers room to easily turn at the wall.
- Be courteous and responsive if you are asked to move lanes by the lifeguards.